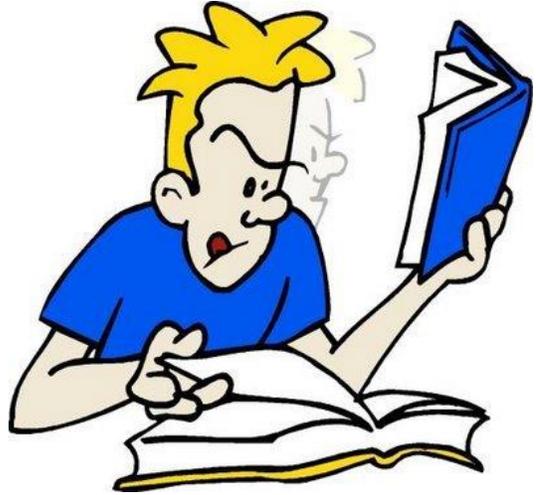


# Bio 10 Lab

## Study Tips to Improve your Grade

*These are steps that work to boost your performance in the lab portion of Bio 10. Many students are surprised with how difficult the lab portion of the class can be if one is not prepared properly. It is in a format that is unfamiliar to many but is a great way to introduce you to the scientific method and the basic format of science labs that you will encounter throughout your college career.*



1. Before the lab, pre-read the lab. Make sure to include the Introduction and get to know the vocabulary (words in **bold**). Start to answer questions in the lab that have answers in the introduction.
2. In the lab:
  - Don't leave until you have done all of the activities and answered all of the questions.
  - Take your time!
  - Check with your instructor and other students if you are not sure about an answer.
  - Make sure before you leave, that you understand the lab. If you don't understand it or parts of it, your instructor is there to answer your questions!
3. At home:
  - Review the lab within 24 hours after completing the lab.
  - Review it again as many times as you need!
  - If you are shaky on any of the questions or concepts then go online, open a book, go to Danielle's Profile, go to the SRJC Tutorial Center, email or make an appointment with Danielle, or contact your instructor to solidify the information and review the concepts.
  - Practice explaining the concepts out loud (to yourself or someone else).
    - Cover the answers in your lab manual, read the question and make sure you can explain them and discuss the concepts.
    - Have someone else read the questions to you and see if you can answer them.
  - Make sure that you understand how each exercise in the lab relates to one another. Understand how this lab relates to Biology as a whole. Why did we study this? Why is it important in Biology?
  - Do practice problems in the downloadable Review Material PDF this lab's section on Danielle's Profile
  - Practice the vocabulary flashcards. Make sure you know all words in the lab manual that are in **bold**.
4. Final Review
  - Come back to the lab when reviewing for the Lab Exam and repeat #3.
  - Come to Danielle's Review Day and do more practice problems.